

User Guide

1210, 1213, 1216/Grab Handle

SIDHIL

This user guide is to be read in conjunction with the following products:

- 1210/GRAB
- 1213/GRAB
- 1216/GRAB

The grab handles are designed as an aid for getting on and off the bed frame. The occupant of the bed can also use the grab handle to aid re-positioning when lying in bed.

The grab handles are designed to fit beds with 2" x 1" rectangular side tubes.

The 1213 grab handle has been designed specifically to be used on the Sidhil Solite bed range in conjunction with the Solite full length mesh side rail.



	1210 Grab Handle	1213 Grab Handle	1216 Grab Handle
Height (from top of mattress platform):	615mm	615mm	468mm
Depth (from outside of mattress platform):	In line with platform	95mm	95mm
Width:	245mm	245mm	245mm
Weight:	2.2kg	2.5kg	2.5kg

Safety Warnings

Do ensure there is no risk of the occupant becoming trapped between the grab handle and headboard

Do ensure the securing clamps are tight and are checked on a regular basis

Do Not allow the grab rail to cause an increased risk to the patient

It is important that an individual risk assessment is performed for each user on a case by case basis. This is required to assess both the suitability of the grab handle for a particular client and the compatibility between the grab handle and the bed it is being fitted to.

In the case of the 1210/GRAB particular care must be taken on beds with rising backrests, as the gap between the two components could become less than 25mm in certain situations.

If you are in any doubt about the suitability or fitting of the grab handle always seek expert advice

Fitting the Grab Handle

1. Slide the silver hook brackets onto the frame clamps (one bracket per clamp) and screw the handwheels in place, as shown in figure 1.
2. Loosen the two handwheels sufficiently to allow the frame clamps and hook brackets to fit over the side tubes of the bed frame, as shown in figure 2.
3. **Important:** The grab rail should either be positioned less than 60mm from the headboard or greater than 318mm from the headboard. See figure 3.
4. Tighten both handwheels. Ensure that the grab handle is secured to the frame as highlighted in figure 2.

Fig 1: Fitting hook brackets

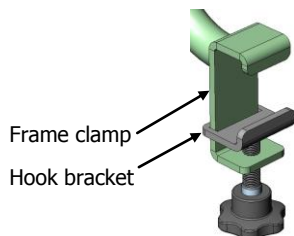


Fig 2: Fitting grab handle

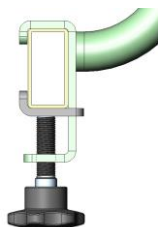
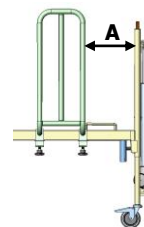


Fig 3: Positioning



Distance 'A' to be less than 60mm or greater than 318mm

Removing the Grab Handle

1. Loosen both handwheels sufficiently to allow the hook brackets to disengage from the side tube.
2. Remove grab handle from the bed.

Cleaning

To clean the grab handle wipe it down with a slightly moistened cloth using a mild detergent. Dry thoroughly. It is not recommended that bleach is used as it may cause marking to the frame.

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INSTRUC/1210,1213,126/GRAB Rev 6 15/07/2013